



Free Educational Seminar Series

Transforming the Difficult Child: The Nurtured Heart Approach

The Nurtured Heart Approach has helped adults transform countless challenging children. This seminar will introduce you to key concepts and provide resources on how to apply this approach in your home.

October 25, 2017

Presented by Dan Peterson MS, LCPC

Dan Peterson, MS, is a Licensed Clinical Professional Counselor working in child behavioral health services at Presence Mercy Medical Center. He is a Certified Nurtured Heart Trainer and has over a decade of experience working with challenging children and their families.

How to Help Your Child Overcome School Anxiety

School anxiety can result in daily battles over going to school, making everyday life a struggle when you see your child is not reaching his or her potential. In this seminar you will learn about the root of school anxiety; how to build your child up on the inside; and how to help them defeat anxiety.

November 1, 2017

Presented by Dan Peterson MS, LCPC
(biography listed above)

Cyber Safety

In this seminar you will learn how to detect signs of cyber-bullying and how to protect your child against cyber threats.

November 8, 2017

Presented by Deborah Brisebois LCSW, MSW

Deborah Brisebois is a Licensed Clinical Social Worker. She currently works as a psychiatric social worker in the behavioral health unit at Presence Saint Joseph Hospital, in Elgin, Illinois. She has extensive experience in clinical social work and graduated from Aurora University, where she earned her MSW & Business Leadership Certification in mental health.

**All seminars will take place from 7 - 8:30 p.m. at
Presence Mercy Medical Center**

**Behavioral Health Building
1330 North Lake Street
Aurora, Illinois 60506**