



Kishwaukee Family YMCA
2500 W. Bethany Rd.
Sycamore, IL 60178
815.756.9577
www.kishymca.org

LEARN TO SAVE LIVES

AMERICAN RED CROSS LIFEGUARDING COURSE KISHWAUKEE FAMILY YMCA

Build responsibility and skills for life by becoming a certified Red Cross lifeguard. Upon completion of the course, participants will be certified in Lifeguarding, First Aid, and CPR/AED for the Professional Rescuer. Students must be 15 years of age before the end of the course.

GET CERTIFIED OVER SPRING BREAK!

Full Course Dates:

March 26, 27 and 28

9:00am-5:00pm each day

Member Fee: \$225

Program Participant Fee: \$300

Recertification Dates:

March 27 and 28

1:00pm-5:00pm on Mar. 27

9:00am-5:00pm on Mar. 28

Member Fee: \$112.50

Program Participant Fee: \$150

