

Sycamore K-5 Lunch Menu

November 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			** Seasoned Chicken Tenders Or Grilled Cheese Sandwich Mashed Potatoes w/Gravy Applesauce	Pizza Dippers w/Garden Marinara Or Hot Diggity Dog Garden Peas Peaches
5	6	7	8	9
*Bacon Cheeseburger Or Pepperoni Pizza Oven Fries Orange Wedges	Chicken Quesadilla Or Jumbo Corn Dog BBQ Baked Beans Cinnamon Pears	Macaroni & Cheese w/roll Or Crispy Chicken Sandwich Potato Puffs 100% Fruit Juice	Chicken Nuggets w/Waffle Or Yogurt & Cheese Fun Meal Mashed Potatoes w/Gravy Blueberries	Homemade Cheese Pizza Or Chili Cheese Dog Golden Corn Mixed Fruit
12	13	14	15	16
Fluffy Pancakes Egg Patty & Syrup Or Meatball Bomber Sub Oven Fries Peaches	Zesty Taco Pretzel Dipper w/Taco Meat & Cheese Sauce Or Crispy Chicken Sandwich Refried Beans Cinnamon Pears	Mini Corny Corn Dogs Or **Chicken Alfredo Bake Steamed Broccoli Fresh Apple	**Popcorn Chicken Bowl Or *BBQ Rib Sandwich Mashed Potatoes w/Gravy Applesauce	Tony's Personal Pan Pizza Or Hot Diggity Dog Seasoned Green Beans Blueberries
19	20	21	22	23
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
26	27	28	29	30
Rotini w/Italian Meat Sauce Garlic Bread Or Turkey Pepperoni Pizza Glazed Carrots Pears	Walking Taco Or Juicy Cheeseburger Refried Beans Blueberries	Fluffy Pancakes w/Egg Patty & Syrup Or Hot Diggity Dog Baked Potato Puffs Peaches	Chicken Parmesan Sandwich Or Mini Corny Corn Dogs Mashed Potatoes w/Gravy Applesauce	*Homemade Sausage Pizza Or Juicy Hamburger Seasoned Green Beans Mandarin Oranges

Lunch
\$2.70

Milk
55¢

Questions about the menu?
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For more information
or to "Ask the Dietitian",
check out our website!



Available Daily:
Peanut Butter & Jelly
Crispy Chicken Salad
W/Roll
Fresh Fruit & Vegetable Bar
Offerings

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.

