

# Sycamore K-5 Lunch Menu

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza Dippers w/Garden Marinara Or Hot Diggity Dog Garden Peas Peaches
4	5	6	7	8
Cheeseburger Or Pepperoni Pizza Oven Fries Applesauce	Nacho Supreme Or Jumbo Corn Dog BBQ Baked Beans Cinnamon Pears	Macaroni & Cheese w/roll Or Crispy Chicken Sandwich Green Beans 100% Frozen Fruit Juice	Chicken Nuggets w/Waffle Or Yogurt & Cheese Fun Meal Mixed Vegetables Applesauce	Homemade Cheese Pizza Or Cheese Dog Golden Corn Mixed Fruit
11	12	13	14	15
Fluffy Pancakes w/Egg Patty & Syrup Or Meatball Bomber Sub Potato Puffs Peaches	**Chicken Nuggets Or Zesty Taco Pretzel Dipper w/Taco Meat & Cheese Sauce Refried Beans Cinnamon Pears	Mini Corny Corn Dogs Or Rotini w/Italian Meat Sauce Garlic Roll Steamed Broccoli Sliced Apples	**Popcorn Chicken Bowl Or *BBQ Rib Sandwich Mashed Potatoes w/Gravy Strawberries	Cheesy Garlic Flatbread Or Hot Diggity Dog Seasoned Green Beans Blueberries
18	19	20	21	22
Sausage Pizza Or Mini Corny Corn Dogs Steamed Broccoli Cinnamon Applesauce	Soft Shell Tacos Or **Chicken Nuggets Golden Corn Peaches	**Seasoned Chicken Tenders Or *Salisbury Steak Carrots Mixed Fruit	French Toast Sticks w/Sausage Patty & Syrup Or Turkey and Cheese Sub Potato Puffs 100% Frozen Fruit Juice	Pizza Dippers w/Garden Marinara Or Crispy Chicken Sandwich *BBQ Baked Beans Hot Baked Apples
25	26	27	28	
Spaghetti w/Meatballs Garlic Bread Or Turkey Pepperoni Pizza Glazed Carrots Pears	Nacho Supreme Or Juicy Cheeseburger Refried Beans Applesauce	Fluffy Pancakes w/Egg Patty & Syrup Or Mini Corn Dogs Corn Peaches	**Chicken Nuggets Or Hot Diggity Dog Mixed Vegetables Applesauce	

<b>Lunch</b> <b>\$2.70</b> Milk is included With Meal	<b>Milk</b> <b>55¢</b> A Variety of milk is available Daily
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Questions about the menu?  
 Sophie Stuebinger  
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 (815) 899-8155

For more information  
 or to "Ask the Dietitian",  
 check out our website!




Available Daily:  
 Peanut Butter & Jelly  
 Crispy Chicken Salad  
 W/Roll  
 Fresh Fruit & Vegetable Bar  
 Offerings

(\*) Contains Pork  
 (\*\*) Served With a Roll  
 Menu changes are occasionally  
 necessary. Notice will be given when  
 possible.

This institution is an equal opportunity  
 employer.