



SUMMER SPORTS CAMPS/CLINICS

Spend your time off from school with us! Our sports camps and clinics not only teach skills they are also fun! Meet new people, hang out with our coaches and get in the game. Every camp features skill development and scrimmages designed to help take you to the next level.

BASKETBALL CLINIC

(Ages Pre K-5th Grade)

Our basketball clinics are designed to develop fundamental basketball skills while learning teamwork, strategy and sportsmanship. Children will learn basketball rules, shooting, passing and ball handling. They will also learn offensive and defensive skills like rebounding, and team play.

Clinic Dates:

April 20, April 27, May 5 and May 11

Clinic Times:

9:30am-11:30am

Member Fee: \$40
Program Participant Fee: \$60

HOCKEY CLINIC

(Ages 6 -16)

Improve your game over the summer! Our hockey clinic will focus on skating drills, puck handling drills, shooting drills and scrimmage time. Camps are for beginner to advanced hockey players. All players should be comfortable skating forward. Equipment required: helmet, shin guards, elbow pads, gloves, sticks and skates.

Clinic Dates:

April 20, April 27, May 5 and May 11

Clinic Times:

12:00pm-2:00pm

Member Fee: \$40
Program Participant Fee: \$60

**REGISTER ONLINE
TODAY!**

Kishwaukee Family YMCA
2500 W. Bethany Rd. Sycamore, IL 60178
815.756.9577 www.kishymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



BASKETBALL CAMP

(Ages Pre K-5th Grade)

Work on all facets of the game and improve your overall basketball skills. Realize your full potential this summer through hard work and skill development. Players will run drills focused on dribbling, passing and shooting.

Camp Times:

June 11-June 13

Camp Times:

10:00am-12:00pm

Member Fee: \$30

Program Participant Fee: \$50

FLAG FOOTBALL SKILLS CAMP

(Ages Pre K-5th Grade)

Kids get experience in playing every position while learning the offensive and defensive basics. These skills include but are not limited to catching, passing and pursuing the football.

Camp Dates:

June 18-June 20

Camp Times:

10:00am-12:00pm

Member Fee: \$30

Program Participant Fee: \$50

SOCCER SKILLS CAMP

(Ages Pre K-5th Grade)

This 3 day camp consists of daily activities focused on building individual skill and understanding of dribbling, passing, receiving, creating goal-scoring opportunities, and finishing those opportunities. Our staff constructs an inclusive training environment which will challenge the advanced player while at the same time encouraging the beginner.

Camp Dates:

July 9-July 11

Camp Times:

10:00am-12:00pm

Member Fee: \$30

Program Participant Fee: \$50



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*Not sponsored by Dist. #427 or #428