



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

2019  
**SUPERHERO**

**KIDS HALF  
MARATHON**

*13.1 Miles...One Mile at a Time!*

**AUGUST 24-OCTOBER 5**

Keep the whole family moving as we head into fall by joining the Superhero Kids Half Marathon! Walk or run 1 mile at a time, 12 times over the course of 6 weeks. On Race Day, gear up for the final 1.1 miles to complete the full half marathon distance with all the other Kids Half Marathon participants!

All who finish and turn in their mileage tracker, receive a Kids Half Marathon Finisher Medal! Participants will also receive a Superhero cape for the final run/walk!

**One Mile Superhero Kick-Off Walk/Run:**

Saturday, August 24 at 10:30am at the Y

**Incredible Half Dash 1.1-mile Walk/Run:**

Saturday, October 5 at 10:30am at the Y

A running/walking buddy (parent, grandparent or guardian) is required to join their child during kickoff and race day. Running buddy does not need to register, does not receive medal or cape. Open to youth ages 5-12.

\$25/YMCA Members \$40/Program Participants

*\*Not sponsored by district #428 or #427*

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